# Sight Support West of England Children and Young People What’s On E-Newsletter

Welcome to your monthly update of accessible services and events in Bristol, Bath & NE Somerset, and South Gloucestershire. This update mainly covers October 2024.

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# Contact Us

For more information on any of the services or events organised by Sight Support, please call 0117 322 4885 / 01380 723682 or email: info@sightsupportwest.org.uk

# Sight Support Events and Notices

## Bristol Eye Can Exhibition

Our next Eye Can exhibition is only 1 week away!

Eye Can Bristol will be held on 9th October from 10am at BAWA, 589 Southmead Rd, Bristol, BS34 7RG.

The event is free to attend and is a one stop shop for all things sight loss related. There will be a wide range of suppliers demonstrating equipment and assistive technology designed to make life easier for anyone living with sight loss. It’s a great chance to try them out and find what works best for you. You will also find local and national organisations offering helpful services. In addition, there will be a range of interesting talks held throughout the day. You can pre-register your place by calling us or using our [Eye Can Bristol Eventbrite sign up page](https://eyecanbristol2024.eventbrite.co.uk/)

This event is sponsored by: [Optelec](https://lowvisionshop.co.uk/) and [Humanware](https://www.humanware.com/en-united_kingdom/home)

## Could you represent us?

We are receiving more requests for charity representation at events like awareness talks, cheque presentations, and charity engagements. We're also looking to run fundraising stalls at community events like fairs and information days.

We'd love to hear from you if you're interested in helping, whether it's suggesting events, manning a stall, representing us at ceremonies, or becoming a Volunteer Speaker delivering talks to community groups about your personal story as well as increasing audience understanding of visual impairment and the work and impact of Sight Support (training and support are provided).

To learn more, contact Becs at 07849 833 047 or email volunteering@sightsupportwest.org.uk

## Sight Loss Advice Hubs

For a listing of our community sight loss advice hubs coming up this month, please visit our website, a link is provided below. You can drop in for information, guidance, and advice. We can demonstrate a variety of assistive equipment and technology. We have lighting, magnifiers, talking watches, liquid level indicators, and much more, so please do pop by. No appointment is necessary for many of the hubs.

Click this link [Community Sight Loss Hubs](https://www.sightsupportwest.org.uk/events/?tags=6)

## Knowledge Hub

Don’t forget we have lots of resources on our website in our Knowledge Hub. We have articles on a wide range of topics related to living with sight loss, from how to avoid scams to coping with the emotional impact of sight loss and much more. We have various articles offering tips and tricks on different areas too. Find out more by following this link [Our Knowledge Hub](https://www.sightsupportwest.org.uk/resources/)

## Keep us updated

Please remember to update us if any of your contact details change so we can keep our records up to date.

# Events & Notices From Other Organisations

These events and notices are from other organisations. Please check with the contact given that the event is going ahead as planned. Sometimes changes need to be made to dates and times at short notice.

## Bristol Beacon’s Accessible Music Workshop

Bristol Beacon is developing a new music programme of fun, inclusive music activities for disabled young people from across Bristol, and we want to encourage Disabled Young People to be part of this.

We are looking for both disabled young people and their parents/carers, to share their thoughts, ideas, and experiences. They don’t need any previous musical experience to take part. The workshops will be friendly and inclusive, with some sessions for young people, and others for parents and carers.

You can discover more and sign up to this workshop here: <https://bristolbeacon.org/whats-on/accessible-music-workshops-for-young-people/>

## British Blind Sport ‘Have a Go Days’

Have A Go Days are multi-sport taster events. They support people with sight loss of all ages and abilities to get active and try something new.

### Have a Go Days – Gloucester – (Juniors & Adults)

The King's School, Archdeacon Meadow Sports Ground, Archdeacon Meadow St, Oswalds Road, Gloucester, GL1 2T

Saturday 19th October 2024

British Blind Sport is hosting a free multi-sport Have a Go Day in Gloucester for blind and partially sighted people aged 5 and above. On the day visitors can try out a range of sports – including athletics, cricket, baseball and more.

Please Contact Vicky Cook / vicky@britishblindsport.org.uk if interested

## Strawberry Line Cycles

The Strawberry Line Cycle Project have started up group rides for people with additional needs.

Sessions are free of charge and riders can use our bikes or trikes. Find out more or book on by emailing Strawberrylineprojects@gmail.com

[INCLUSIVE CYCLING | Strawberry Cycles](https://accesssport.us4.list-manage.com/track/click?u=01c05c95704dd40a6e36e4770&id=f7543681af&e=47e16734b2)

## Free Yoga Session Venturers' Academy

We are super excited to share that on Wednesday 9th October, we are offering a FREE yoga session for children and young people aged 4-18 years. Relax, stretch and learn new poses at this fantastic yoga session.

Wednesday 9th October, 4:30-5:15pm

Aimed at and inclusive to disabled and/or neurodivergent children and young people

Venturers' Academy, Hareclive Road, BS13 9JW

For more information and to book onto this FREE taster, please complete this form here: [https://bit.ly/yoga\_sessions](https://accesssport.us4.list-manage.com/track/click?u=01c05c95704dd40a6e36e4770&id=01a858eafd&e=47e16734b2)

## McDonald's Fun Football

McDonald's Fun Football is a FREE football coaching session for children aged 5-11 of all abilities. It's focus is to give children the confidence to learn new skills, make new friends and have Fun.

• Date: Sun, Sep 29 - Sun, 20 Oct 2024

• Time: 14:00 - 15:00

• Price: Free

• For: d/Deaf, disabled and neurodivergent children and young people

• Age: 5-11 years

For more information and to book on please visit here [mcdonaldsfunfootball.co.uk](https://mcdonaldsfunfootball.co.uk/FunFootball/AccessSport/Summary/af2fae88-5a80-49c4-9df6-066981145db9)

## New Tennis Sessions - David Lloyd Long Ashton

For d/Deaf, disabled and neurodivergent children and young people

* Ages 5-16 years
* Weekly Thursdays (term time)
* 4:15-5pm (ages 5-8 years) / 5:15-6pm (ages 9-16 years)
* David Lloyd, Long Ashton, Ashton Road, Bristol BS3 2HB

Sign-up to the sessions here:[http://bit.ly/DavidLloydterm1](https://accesssport.us4.list-manage.com/track/click?u=01c05c95704dd40a6e36e4770&id=2b161030ab&e=47e16734b2)

## Super 1s - Free Inclusive Cricket Session

All disabilities welcome age 12-25

**Bath**

WHEN: Wednesdays, 5.30pm - 6.30pm (September – May)

WHERE: Hayesfield School, Broughman Hayes Campus, Bath BA2 3QX.

**Weston-Super-Mare**

WHEN: Thursdays 6pm - 7pm (September - May)

WHERE: Health & Active Living Skills Centre, Loxton Road,

Weston-Super-Mare, BS23 4PD

CONTACT: Steve Gass steve.gass@somersetcricketfoundation.org

<https://www.lordstaverners.org/how-we-help/>

## VICTA

VICTA has a weekend of fun lined up in London for 14 to 17s. Will you roll the dice at Monopoly Lifesized or solve the mysteries of the Crystal Maze?

You can choose your favourite challenge or apply to join us at both (depending on availability)

### The Crystal Maze Experience

When: Saturday 23rd November

Location: The Crystal Maze LIVE Experience, 22-32 Shaftsbury Avenue, West End, London, W1D 7EU

Cost: £10

[**Find out more & apply >**](https://victa.us18.list-manage.com/track/click?u=b3f7c25f918ce44ae8cbc3d1d&id=fc014c8611&e=5426ac0019)

### Monopoly Livesized

When: Sunday 24 November 2024

Location: Monopoly Lifesized, Tottenham Court Road, London

Cost: £10 per person

[**Find out more & apply >**](https://victa.us18.list-manage.com/track/click?u=b3f7c25f918ce44ae8cbc3d1d&id=cc79ab6b54&e=5426ac0019)

## RSBC (Royal Society for Blind Children)

**Calendar of activities**

You can join a range of different activities and there are even some your whole families can get involved in too! We have something for everyone to get involved in! Click on the link to find out more [rsbc.org.uk](https://www.rsbc.org.uk/calendar-of-activities/?_gl=1*1cy8lkh*_up*MQ..&gclid=EAIaIQobChMIzJjn2_y3hgMVCphQBh3iKAPmEAAYAiAAEgLPwvD_BwE)

## Living Paintings

We have some exciting news, new books and fun ideas to bring the visual world of books and learning to life for the blind and visually impaired children and young people you work with!

Supertato flies onto our shelves, a new release from the world of Julia Donaldson and Axel Scheffler, and our picks of accessible tactile-audio resources to aid classroom learning.

For more information click here [LivingPaintings](https://livingpaintings.org/?gad_source=1&gclid=EAIaIQobChMIyqTPpbLviAMVDkX_AR3xuhWKEAAYASAAEgJQH_D_BwE)

## Redcatch Park Tennis

For d/Deaf, disabled and neurodivergent children, young people and adults.

* All Ages
* Weekly Saturdays
* 12.30pm -1.30pm
* Redcatch Park Tennis Courts, Bristol, BS4 2RF

Sign-up to the sessions here: [https://tinyurl.com/redcatch](https://accesssport.us4.list-manage.com/track/click?u=01c05c95704dd40a6e36e4770&id=4fd3009920&e=47e16734b2)

# Local Audio Described Arts Events

## Bristol Hippodrome

* 11 October – An Inspector Calls (age 8+ years)
* 21 November – Mary Poppins
* 2 January – Goldilocks and the 3 Bears

Book touch tours separately. Contact Access for All service - email bristoladmin@theambassadors.com or call the access booking line 0333 009 5399 for tickets

## Bristol Old Vic

* 26 October – Reverberation (age 16+) – A play about loneliness and longing. Originally set in Connecticut and now re-located to London.
* 16 November – Never let me Go (age 12+) - based on the novel by Kazuo Ishiguro
* 21 December – The Little Mermaid

For more details and to book - ring the Box office – 0117 987 7877

## Salisbury Playhouse

* 17 October – Stones in His Pockets (AD & Touch Tour)
* 31 October 2.15pm – Play On! a new musical version of Twelfth Night (AD & Touch Tour)

There will be a Wiltshire Sight social group meeting at the touch tour of the musical, call us if you would like to join us. To book your seat at the musical call the Salisbury Playhouse box office on 01722 320333, carers free.

* 17 and 19 December – Sleeping Beauty (AD & Touch Tour)

[Wiltshire Creative Accessible Performances webpage](https://www.wiltshirecreative.co.uk/whats-on/access)

To buy tickets call 01722 320333 or email ticketsales@wiltshirecreative.co.uk

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Tel 0117 322 4885, Email info@sightsupportwest.org.uk

Sight Support is a registered charity no 1178384. Registered Office: St Lucy’s Sight Centre, Browfort, Bath Road, Devizes, Wiltshire, SN10 2AT