# Monthly What’s On Guide

Welcome to your monthly update of accessible services and events in Bristol, Bath & NE Somerset, and South Gloucestershire. This update mainly covers July 2024.

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# Sight Support Events and Notices

## Bristol Eye Can Exhibition

We are busy organising and planning our next exhibition after the success of Eye Can Gloucestershire which was held at the beginning of June.

Eye Can Bristol will be held on 9th October from 10am at BAWA, 589 Southmead Rd, Bristol, BS34 7RG.

The event is free to attend and is a one stop shop for all things sight loss related. There will be a wide range of suppliers demonstrating equipment and assistive technology designed to make life easier for anyone living with sight loss. It’s a great chance to try them out and find what works best for you. You will also find local and national organisations offering helpful services. In addition, there will be a range of interesting talks held throughout the day. Pre-booking will be open soon but call us if you would like more information.

This event is sponsored by: Optelec - [lowvisionshop.co.uk/](https://lowvisionshop.co.uk/) and Humanware - [humanware.com/en-united\_kingdom/home](https://www.humanware.com/en-united_kingdom/home)

## Tech Courses

We have a selection of tech courses and sessions taking place this summer:

### Improvers Smart phone & Tablet Training –July.

For people living with sight loss, a series of themed sessions designed for those who are already using a smartphone or tablet and want to build awareness, confidence, and skills. You can choose to book for specific sessions or all 4.

**Session Topics**

1: Reading Apps, Audiobooks and screen readers.

2: Travel Maps, Apps & Navigation.

3: Online shopping and Safety

4. Keep in touch! Video calls, Voice notes & photo sharing

Sessions will take place in July:

* Mondays in Henleaze
* Wednesdays in Broadmead
* Thursdays in Kingswood

### Discover Tech ‘Have a go session’ - August.

Curious about what technology is available to help you keep reading and stay connected to friends, family, and your community? Come and try a smart speaker, tablet and electronic reading aids.

Sessions will take place in August at Broadmead Baptist Church in Bristol and at many of our sight loss advice hubs - Fishponds, Henleaze, Whitchurch, Kingswood, Thornbury, Yate, Keynsham, Bath and Midsommer Norton.

### Beginners Smart Phone and Tablet Training –September.

We will introduce you to the core skills of using a touch screen device. Learn how to navigate around a device and the features which can make it more accessible to you. Be part of the digital world emailing, messaging, using a digital assistant, and helpful Apps. Our 4-week training will take place:

* Mondays In Henleaze
* Tuesdays in Bath
* Wednesdays in Broadmead
* Thursdays in Kingswood

### Contact to book for the Tech Courses

For any of the tech courses or sessions listed above, contact Sam Edwards for more information or to book your place on 0117 322 4885 or sam.edwards@sightsupportwest.org.uk

# Sight Support Hubs and Social Groups

Our sight loss advice hubs provide a space for consultations with your local advisor, offering information, guidance, and advice on equipment and technology. You can explore a selection of helpful aids, and many hubs also offer tech support and training from trained advisors or volunteers. Additionally, most hubs host social groups where you can meet others, share tips and tricks, and enjoy a chat.

For full details of our sight loss advice hubs and social groups, see our website which has the latest information, or you can call our office on 0117 3224885. [Click here for our website hub and social group listings.](https://www.sightsupportwest.org.uk/events/) You can put your postcode in the search bar to find your nearest hub.

## Changes To Note for Upcoming Hubs

* The Bradley Stoke Community Hub is cancelled for July but will be running on August 15th
* The Thornbury Resource Centre will not be open on 15th and 22nd of July.
* From September, the Henleaze hub will take place the 1st Tuesday of each month rather than the 1st Monday.

# Events & Notices From Other Organisations

These events and notices are from other organisations. Please check with the contact given that the event is going ahead as planned. Sometimes changes need to be made to dates and times at short notice.

## Cancer Improvement Collaborative Project

Bristol North Somerset & South Glos (BNSSG) Cancer Improvement Collaborative project is looking for participants for focus groups.

The project aims to improve cancer care across all stages of the cancer pathway. They are looking for participants with a visual impairment who have received care in cancer services in the BNSSG area to take part in research.

Participants will have the opportunity to tell the project team what worked well, and what didn't and what changes they can make to improve experiences on the cancer pathway.

If you had this experience or have been a carer for someone with this experience, please contact them.

Email shamim.kholwadia@nbt.nhs.uk or

Call 07766 220104

## Schedule of events at The Bristol Braille Innovation Centre

Inviting all Braille users who are interested in 2 dimensional electronic Braille on the Canute Console.

Let them know what your interests are, and they will seek to recruit experts in those subjects.

By prior arrangement some travel expenses may be covered by Bristol Braille Technology.

Future events:

* Saturday 20th July: Music, Gaming, and results of the feedback from attendees.
* Saturday August: 17th Smaller group due to holidays, brainstorming session for programmers if available.
* Saturday 14th September Maps with Roger Firman. Roger has been using a Canute for some years. He is also developing space exploration on the Canute Console.
* Saturday October 5th, Requests from attendees, also E-Braille James Bowden and others.

To inquire or sign up:

Email stephanie@visionthroughsound.co.uk or bbtenquiries@bristolbraille.org

G11, 37 Philip St, Bristol, BS3 4EA, UK

## Sensing Nature – volunteer guides wanted

Volunteer guides play a vital role in enabling visitors to explore Westonbirt National Arboretum, sharing their passion, knowledge, and experience to connect people with the significance of the tree collection. Sensing Nature walks offer multi-sensory experiences designed to challenge traditional landscape appreciation. The walks run Fridays from April to September,

Westonbirt is seeking individuals with varied sensory perceptions, particularly welcoming those with visual impairments. They are offering training for guides interested in leading walks. Volunteers are asked for a minimum of 2 shifts per month, involving about 3 hours each. Training includes onsite visits, mandatory training sessions, and mentorship. No prior expertise in trees is necessary; enthusiasm for nature and people is key. Guides should be confident in engaging with visitors, effective communicators, patient, and detail-oriented. The role involves walking in all weather conditions and terrains. The organisation provides extensive support, including sighted assistants if needed, access to resources, volunteer benefits, and ongoing training opportunities. Interested individuals can contact the volunteer office for further information and to initiate the application process. Email volunteer.westonbirt@forestryengland.uk or call 0300 067 4847.

## Bristol City Council Accessible Communications Policy

Bristol City Council are currently working to produce an Accessible Communications Policy which will outline what services should be doing to make the information they share with the public as easy to understand and clear as possible. If you would like your views and experiences to be included, please contact Chris Duncan on chris.duncan@bristol.gov.uk with your answers to the following questions by Friday 26th July:

A) What examples have you experienced of not being able to receive council information clearly or easily?

B) What are the main consequences of not being able to access this information?

C) What would have made this experience better? What would improve your access to council information?

D) How would these improvements positively impact you?

## Research Project

The University of the West of England, Bristol, is conducting an Arts and Humanities Research Council-funded project on digitising and presenting historic textiles, focusing on stumpwork embroideries from The Holburne Museum. The project aims to improve documentation, conservation, and public engagement, especially for visually impaired audiences, by creating tactile reproductions. Dr. Xavier Aure Calvet and the Centre for Print Research will lead two focus groups to evaluate these reproductions. Sessions will be held at the University, with participants engaging in full-day discussions. The first group meets in October, and the second early next year. Contact Dr. Calvet at xavi.aurecalvet@uwe.ac.uk

# Local Leisure and Sporting Activities / Events

## Westonbirt the National Arboretum at Tetbury

**Sensing Nature and Wellbeing Walks**

Let our visually impaired guides lead you through an immersive and interactive sensory experience that aims to shift your perception, enjoy the arboretum at a slower pace and explore the trees of Westonbirt through your nonvisual senses.

Walks occur at 11:30am every Friday of the month from April - September.

Please note that dogs are not permitted on these walks (except assistance dogs). Some of our visually impaired guides will be assisted by a guide dog. Please do not disturb the assistance dogs while they are working.

How long? Approx. 1.5 hours

How much? Free after admission.

Where to meet? Meet at the Welcome Building, where you will be guided to the starting point for the walk.

Do I need to book? No.

What to wear? Please wear suitable clothing and footwear for outdoor walking as you will be going off path and over grass.

Accessibility? Dependent on weather, these sensory walks may not be suitable for wheelchair users due to the off path experience.

Westonbirt National arboretum Westonbirt Tetbury Gloucestershire GL88QS.

Call 0300 067 4890

Email customerrelations@forestryengland.uk

## New Emersons Green and Surrounding area audio tour

[www.emersonsgreenaudiotour.com](http://www.emersonsgreenaudiotour.com)

The Emerson's Green Audio Tour launches on July 1st with support from Emerson's Green Town Council. This free 3.7-mile circular walk, starting at Emersons Green Library, features audio narration and interviews about local history, including mining, chocolate manufacturing, and royal connections. The 90-minute tour covers 14 points of interest. Participants can scan QR codes at each stop for the audio. Available from July 1st to September 31st, 2024. For more information, visit [www.emersonsgreenaudiotour.com](http://www.emersonsgreenaudiotour.com).

## Para Football Open Trials Day

Para Football Open Trials Day at St George’s Park on Sat 13th July, 10.30am to1pm. The event is open to players over the age of 16 who would qualify for one of the following:

* **Female Deaf players16+**
* **Male Partially Sighted players 16+**
* **Female Blind or Partially Sighted players 16+**

Please note: The Blind Women’s game is open to players who are blind or partially sighted. However, the pathway and format of the game played is B1 football (IE: under blindfold)

The players registration link is: <https://forms.office.com/e/6nn7HfT0aJ>

Any further questions can be directed to Liam Drake | Talent Inclusion Lead 07816 354045 or Liam.Drake@TheFA.com

## Purnell Bowls Club

The Sports Ground, Old Bristol Road, Paulton, BS39 7NX

The Bowl for Health programme takes place each Thursday between 4.15-6.15pm. For more information and to book your place on any session, please contact: Karin Webb on

07719679360 or e-mail karin.webb13@gmail.com

## England & Wales Blind Gold Association Have a Go Day

Location: Meon Valley Hotel, Golf & Country Club, Sandy Ln, Shedfield, Southampton SO32 2HQ

Date: Sunday 4th August 2024

Time: 2pm to 4pm

They will be running 3 challenges at the event that people can have a go with. Help and support will be available for anyone who needs it. It is a free event and refreshments will be available. Contact by emailing enquiries@ewblindgolf.co.uk

<https://www.eventbrite.co.uk/e/england-and-wales-blind-golf-have-a-go-day-tickets-931888011127>

## VIP Reading Group – Bristol Central Library, College Green

The reading group, for visually impaired people takes place on the last Thursday of every month from 10.30 till 12. New members are welcome.

Audio books are chosen by members mainly from RNIB’s talking book service so it’s helpful if you have already signed up. The next books are:

* 25 July - Of Mice and Men by John Steinbeck
* 29 August - A Month in the Country by J L Carr.
* 26 September – Brooklyn by Colm Toibin
* 31 October –The Outsider by Albert Camus. Or L’Etranger for those who want to read it in French

For further information please email vibookgroup.bristol@gmail.com or ring Katharine Seymour at the Central Library on 07880 069877

## National Trust VI Walks at Tyntesfield Estate

Learn about the history of this fascinating place and use your senses to engage with nature on this intimate and interactive tour.

The free tours will take place on the second and fourth Friday of each month from 11am – see website for dates. They will accompany 6 visually impaired individuals (and an accompanying individual) on a 3/4 mile accessible trail. [National Trust website Walks at Tyntesfield](https://www.nationaltrust.org.uk/visit/bath-bristol/tyntesfield/events/e072f0cd-02d8-4ad4-b6c6-a6afc350c4e5) Call 01275461900

## Visually Impaired Tennis

Chipping Sodbury Tennis Club, Tuesday evenings 6 to 7pm, contact Ben Hardwick tennisaceben@hotmail.co.uk

## RNIB Telephone Groups

* Gardening Group Talk everything gardening. Every two weeks on Tuesdays from 11am to 12 noon.
* Book Group. Different book each month. Third Tuesday of the month

Bernice.Cocking@rnib.org.uk or 07761 328571.

George.Hinton@rnib.org.uk Tricia.sail@rnib.org.uk

## Visual Impairment Friendly Rowing

Learn to row in a fun and friendly environment. Sighted rowers will provide support if required. Contact volunteering@allaboardwatersports.co.uk

## Find a Sensory Walk Near You

Sense have partnered with [Ordnance Survey](https://updates-sense.org.uk/6RW-8AFYT-A1ZIP7-559AJL-1/c.aspx) to help you find and follow an accessible waling route. Call Sense: 0300 330 9256 or visit [www.sense.org.uk/our-services](http://www.sense.org.uk/our-services)

## Street Dance Sessions from Steetenvy Dance Academy

Supported by Access Sport. Classes are for all ages contact: streetenvydanceacademy@hotmail.com or Access Sport - Email: jonny.fenner@accesssport.co.uk / 07878 814396

## Robins Foundation VI Football Sessions

Adult & youth VI football sessions from the Robins Foundation. Email edward.studley@bcfc.co.uk or call 07899 991983.

## Free Accessible Cricket Sessions

Fully accessible free cricket sessions. No experience necessary. Contact jeanette.tate@gloucestershirecricketfoundation.org

## Fitness Class for Blind and Visually Impaired People

Specialised low impact exercise class for blind and visually impaired people at Kingswood. Contact Hayley or Marcella for more info: 07525 790951rechargeft@gmail.com

## VI Runners Bristol

If you would like to find out more about this group visit their ‘VI Runners Bristol’ Facebook page and send them a message.

## Roll and Stroll

Free walking and rolling group for disabled people. Contact Dan Mch.bristoldef@gmail.com or call 07552 580678.

## Two’s Company

A tandem cycling project for adults and young people in Bristol who are blind or visually impaired. Call 0117 353 4580 or email twos-company@lifecycle.org.uk or visit [www.lifecycleuk.org.uk](http://www.lifecycleuk.org.uk)

## Soul Trail Wellbeing Walks

Soul Trail Wellbeing have received training in how to offer sighted guiding. Email: soultrailwellbeing@gmail.com

# Support Groups and Courses

## RNIB Living with Sight Loss Course

Covering a broad range of subjects relating to sight loss including confident tips for everyday living, eye health, magnification, lighting and technology, wellbeing and much more.  Upcoming course dates:

### Living Well with Sight Loss Phone Group.

**Session 1:** Tuesday 2nd July

**Session 2:** Thursday 4th July

**Session 3:** Tuesday 9th July

**Session 4:** Thursday 11th July

**Times**: 11am

### Money Matters Focus Group.

**Session 1:** Tuesday 11th June

**Session 2:** Thursday 13th June

**Session 3:** Tuesday 18th June

**Session 4:** Thursday 20th June

Times: 11am

### Focus on Technology

**Session 1:** Wednesday 3rd July

**Session 2:** Friday 5th July

Times: 11am

George.Hinton@rnib.org.uk 07711 188292

Bernice.Cocking@rnib.org.uk  07761 328571

Tricia.Sail@rnib.org.uk 078439 79975.

## Sensory Support Service

Drop-in sessions on Thursdays from 11 am – 1 pm. Support you with reading letters / bills, making calls etc. Bedminster Library, 0117 914 1440, SMS: 07775 695 434.

## RNIB Tech Training Session Yate

RNIB run tech training sessions at Yate Library. Contact Chris Turner on 0303 123 9999 or tfl@rnib.org.uk

## Assistive technology training - Yate

Assistive technology training hub based in Yate library - Wednesday afternoon during school term times. Trained volunteers are on hand to get visually impaired people up and running with their mobile devices. They will be offered 6 sessions. This can usually be extended if required.

If anyone is interested in attending, they should contact the tech for life team.tfl@rnib.org.uk

## Macular Support Groups

* Broadmead - meets third Wednesday of every month:
10 am – 12pm. Broadmead Baptist Church, Union Street, Broadmead, Bristol BS1 3HY.
* Cote Lane - meets last Thursday of the month
2:30pm – 4pm. Saint Monica Trust, Cote Lane, Bristol, BS9
* Bath Macular Support Group - The next meeting of the Bath Macular Support Group will be on 17th July at 2:00pm at The Good Living Centre (The Bubble) at St Johns Foundation behind the Cross Bath. The speaker will be Jim Risely , The Collections Manager at the Victorian Art Gallery,
* Keynsham Macular Support Group - meeting on the last Wednesday of the month at 2pm at Saint Monica Trust, The Chocolate Quarter Retirement Village, Trajectus Way, Keynsham, BS31 2GJ.

Contact Jo Fishwick on 07947 373 244 or Jo.Fishwick@macularsociety.org to find out more information or find other groups.

## Thornbury Macular Support Group

Meets the first Tuesday of each month, 10.30 to 12.30 in the Methodist Church Hall in Castle Court, Thornbury, just off the High Street. Speakers and entertainment are arranged for each week. Tea / coffee and biscuits are provided. Contact marye.king@blueyonder.co.uk to find out more information.

## Chipping Sodbury Vision Support Group

Meets at Chipping Sodbury, Grammar School Rooms on the third Tuesday of every month at 2pm.  They have speakers and a social group.

Tel: 01454 851507 E-mail: csvision1924@outlook.com

## Torch fellowship groups

Torch Trust offer Christian based fellowship where blind and sighted people meet on equal terms. Tea is provided.

South Fellowship Group - Usually meet the last Saturday of the month at 3pm, Location: Counterslip Baptist Church Hall, 648 Wells Road, Whitchurch, Bristol, BS14 9HT. Contact: Stewart Simmons Tel: 0117 9624220 e-mail s@stewartsimmons.plus.com

## Retina UK Bristol, Bath & Wilts Peer Support Group Meeting

National Peer Support Group Summer meeting with Geoff Spink, Ambassador for British disability flying charity, Aerobility. Founded in 1993, they change lives by providing anyone, with any disability with access to the magic and wonder of flight and encourage their flyers to ask the question ‘If I can fly an aeroplane, what else can I do?’

This meeting will be held online via Zoom, the next Session is on Wednesday 3rd July - 7:00pm - 8:00pm

Register now on this link [Retina UK Peer Support Group](https://retinauk.org.uk/event/bristol-bath-wilts-local-peer-support-group/)

Call 0300 111 4000 or contact Mark.Baxter@retinauk.org.uk for more information.

## Retina UK ‘Talking’ Travel peer support group meeting

This group will give you the opportunity to share your travelling experience, tips, hints & advice from general mobility, including white cane and guide dog training, to public transport and V.I Activity Holidays to Travelling abroad. Please come along to meet other like-minded travellers & day trippers across the UK via this online meeting and share your pros & cons of getting out and about or fears & frustrations of travelling with sight loss. Contact Mark.Baxter@retinauk.org.uk for more information.

## Digital Glaucoma Support Group (online)

July 22nd, 2024, 07 PM Digital Glaucoma Support Group:

Topic is new eye drops, side effects, and the impact of other medication. They will be joined by Professor of Ophthalmology UCL Institute of Ophthalmology, Anthony Khawaja. There will be a chance at the end to put all your eye drop related questions to Anthony.

If anyone would like to join, please register here: <https://us06web.zoom.us/webinar/register/WN_v1PxVKFMRr-UrxhV8rHndw> or contact the helpline to book 01233 64 81 70.

Contact Robyn Asprey on r.asprey@glaucoma.uk

# Local Audio Described Arts Events

## Galleries and Museums

### Arnolfini Gallery

Arnolfini Gallery, 16 Narrow Quay, Bristol BS1 4QA

On 27th July and 3rd August from 10 – 11am there will be described tours of Adébayo Bolaji’s solo exhibition In Praise of Beauty.

There will be sighted guides available and complimentary tea and coffee will be served in the [café bar](https://arnolfini.org.uk/cafe-bar/) so people can have a chat about the work afterwards. Free event. But please email community@arnolfini.org.uk to book a space.

### Bristol Museum and Art Gallery

**Audio Described Tour and Art Workshop for Families**

5 August, 10:15am – 12:30pm

Interactive tour and workshop exploring Constable's artwork for visually impaired children, parents, and carers. Includes audio descriptions, practical sound effects, scene recreations, and a chance to create art and enjoy storytelling.

5-12 years (siblings welcome)

[Eventbrite link - Family Tickets](https://www.eventbrite.co.uk/e/constable-in-bristol-audio-described-tour-and-art-workshop-for-children-and-families-tickets-928495614377?aff=oddtdtcreator)

**Audio Described Tour for Adults**

28 August, 6:00pm – 8:45pm

Exclusive tour of the Constable exhibition featuring The Hay Wain, with opportunities to handle related items.

[Eventbrite link - Adult Tickets](https://www.eventbrite.co.uk/e/constable-in-bristol-truth-to-nature-audio-described-tour-tickets-928515403567?aff=oddtdtcreator)

Email steven.bradley@bristol.gov.uk or call 0117 922 3571 with your contact details and reason for calling.

### Royal West of England Academy

Queens Rd, Bristol BS8 1PX

The next described tour is on Saturday 10 August from 10.30am - 12.30pm.It will explore the triple bill of summer exhibitions which are: Rasheed Araeen - Conscious Forms. Windrush - Portraits of a Pioneering Generation and Valda Jackson - Miss Polly 2024.

You will be able to handle some of the artworks

The tours conclude with discussion and refreshments. To book email Ellen Pye, Learning & Participation Assistant ellen.pye@rwa.org.uk call 0117 973 5129. Please let her know if you will have a sighted companion.

### Art on Mondays, Victoria Art Gallery, Bath

Victoria Art Gallery, Bridge Street, Bath, BA2 4AT

Meet once a month at the Victoria Art Gallery for coffee, biscuits and a talk from one of their curatorial staff or a visiting speaker. They cover the current temporary exhibitions and also interesting topics from their permanent collection. Meet at the Accessible Entrance to the Gallery on Bridge Street at 10am and the sessions usually run until 11am. They start with coffee and a chat which is hosted by some of their volunteers before the speaker arrives.

* 8 July 2024 Jim Riseley, Collections Manager: Entertainment and Hedonism in 19th Century France
* 9 September 2024To be held at the Roman Baths – please come to the Clore Learning Centre (details attached) Meliha Hussain, Community Engagement Officer at the Roman Baths: Bathing Beauties - A Close Look at Objects Found at the Roman Baths
* 21 October 2024 Dr Michael Rowe, Chairman of the Friends of the Victoria Art Gallery: Antique moulded china of the 18th & 19th centuries

To book call 01225 477232.

## Theatres

### Bristol Hippodrome

* 31 July – Disney’s Aladdin
* 21 August - Come from Away – the musical that tells the true story of the 7000 air passengers from all over the world who were grounded in Canada during the wake of 9/11
* 27 September – Rambert Dance Company in: Peaky Blinders the Redemption of Thomas Shelby

Touch tours should be booked separately. To find out more about the Access for All service - email bristoladmin@theambassadors.com or call the access booking line 0333 009 5399 for tickets

### Bristol Old Vic

* 1 August – King Arthur – A comic retelling of the legend
* 26 October – Reverberation – A powerful play about loneliness and longing. Originally set in Connecticut and now restaged in London – this is its European premiere
* 16 November – Never let me Go based on the novel by Kazuo Ishiguro

For more details and to book - ring the Box office – 0117 987 7877

### Bath - Theatre Royal

16 August - Sister Act

For tickets and information phone the box office on 01225 448844 and ask to subscribe to the Theatre’s Access List.

Radio Play Project

This August and September Theatre Royal are running a Radio Play project at The Egg:

There is an old saying that the ‘pictures are better on the radio.’ This is your chance to put that to the test. During the workshops in this course, you will explore the techniques, discover the challenges and avoid the pitfalls of writing radio drama. Then, you will put your knowledge to the test by writing your own, short audio play that will be produced and recorded with actors from the Engage programme.

The course is led by Paul Dodgson, who has written and directed many plays for BBC Radio 4 and is the presenter of New Creatives Dramas on BBC Radio4Extra.

Participants can take part either as writers or performers.

Details on how to take part as a Writer are here:

<https://www.theatreroyal.org.uk/events/play-back-writing-radio-drama/>

And as a Performer, here: <https://www.theatreroyal.org.uk/events/play-back-performing-radio-drama/>

If you need any further information, please call Katherine Lazare

 01225 823433.

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Tel 0117 322 4885, Email info@sightsupportwest.org.uk

Sight Support is a registered charity no 1178384. Registered Office: St Lucy’s Sight Centre, Browfort, Bath Road, Devizes, Wiltshire, SN10 2AT